

WIGAN BEST SWIM SQUAD

POST COVID LOCKDOWN – WEEKLY SWIM SESSION'S
COMMENCING MONDAY 3rd MAY 2021

	NATIONAL		AGE GROUP PERFORMANCE		AGE GROUP DEVELOPMENT		JUNIOR DEVELOPMENT
	Session Details	Hrs	Session Details	Hrs	Session Details	Hrs	
Monday	Hindley						
	5.30am-7.30am	2					
	Leigh		Wigan		Hindley		Ashton
	6.00pm-8.00pm	2	6.00pm-8.00pm	2	7.00pm-8.30pm	1.5	7.30pm-8.30pm
Tuesday			Hindley		Wigan		
			5.30pm-7.00pm	1.5	6.00am-8.00am	2	
	Howe Bridge		Wigan		Wigan		
	5.30pm-7.30pm	2	7.00pm-8.30pm	1.5	6.00pm-7.00pm	1	
Wednesday							
							Hindley
							7.00pm-8.00pm
Thursday	Hindley						
	5.30am-7.30am	2					
	Wigan		Howe Bridge		Hindley		Wigan
	4.30pm-6.30pm	2	6.00pm-8.00pm	2	5.00pm-6.30pm	1.5	6.30pm-7.30pm
Friday			Hindley				
			5.30am-7.00am	1.5			
	Wigan				Howe Bridge		Ashton
	6.00pm-8.00pm	2	5.45pm-7.15pm	1.5	6.00pm-7.30pm	1.5	7.30pm-8.30pm
Saturday	Leigh		Hindley		Hindley		
	6.20am-8.20am	2	5.30am-7.00am	1.5	7.00am-8.30am	1.5	
Total Hours	7 x Sessions	14	7 x Sessions	11.5	6 X Sessions	8.5	

National Group sessions from 3rd May 21