

Wigan BEST Swim Squad

July 2016 - 200m Individual Medley Results

AGP		
Connor	Stevens	02:31.1
Steven	Newton	02:36.6
Emma	Haynes*	02:38.9
Faye	Bayman*	02:39.9
Ayesha	Brocklehurst	02:41.9
Kian	Marjaei	02:42.1
Niamh	Speakman	02:43.6
Piper	Stevens	02:44.9
Alfredo	Lozano	02:45.8
Chelsea	Gore	02:45.9
Ellis	Nickson	02:47.4
Charlotte	Edwards	02:47.5
Rachel	Hornby	02:47.9
Rebecca	Booth	02:48.7
Liam	Carey	02:49.0
Lucas	Vose	02:49.6
Sophie	Lyon	02:50.8
Faye	Speakman	02:51.4
Daisy	Poole	02:52.6
Olivia	Sheehan	02:52.8
Robert	Brew	02:53.7
Madeline	Bailey	02:59.7
Lucy	Coleman	02:59.9
Caitlin	Turner	03:09.1

AGD		
Jacob	Scott*	02:54.2
Holly	Watson	02:55.7
April	Kelly	02:58.8
Emily	Gaskell	03:01.2
Matthew	Haynes	03:02.8
Kelsey	Moville	03:02.9
Connor	Fletcher	03:03.4
Jake	Dawber	03:05.5
Tianah	Kinta	03:07.0
Nathan	Hilton	03:07.1
Isabella	Robb	03:08.0
Freya	Padgett	03:09.2
Chloe	Shaw	03:09.7
Sam	Grimes	03:11.4
Rhianna	Archer	03:11.5
Molly	Jones	03:13.8
Joel	Pollard	03:14.8
Oliver	Tinkler	03:15.4
Georgiana	Bot	03:16.5
Nyah	Jack	03:18.9
Amelia	Picton	03:22.2
Luke	Meehan	03:25.7

JD		
Aimee	Crompton*	03:21.7
Natalie	Witkienidz*	03:24.0
Abbie	Leader*	03:26.2
Alisha	Favell	03:30.5
Harry	Griffiths	03:31.0
Charlie	Collins	03:31.7
Jenae	Quane	03:32.4
Chloe	Ridge	03:32.8
Jacob	White	03:33.7
Francesca	Braidy	03:34.3
Emily	Doxey	03:35.0
Sam	Cunliffe	03:37.0
Beth	Anglesea	03:44.6
Millie	Webber	03:44.6
Zoe	Mort	03:45.9
Scarlett	Leighton	03:47.2
Ella	Wodsworth	03:49.2
Olivia	Harrison	03:57.4
Sam	Quinn	04:13.1
Leila	Morris	04:13.9
Jay	Ashton	05:23.7

Report

Age Group Performance

Congratulations to everyone in age group performance, over the last few months we have made great improvements with 22 swimmers going faster than they have ever been before. Well done to the 4 swimmers who broke 2.40, this is an excellent achievement, add this to the 4 swimmers under the 2.45 barrier, and it gives the highest number of swimmers within Age Group Performance to be at this level. This means that we will be reassessing our schemes of work to ensure that the group receives the correct level of work for their ability.

A massive congratulation should go out to Kian Marjaei taking a 13.7 seconds off his best time; along with this Faye Bayman who managed to take off 9.8 seconds to break the 2.40 barrier for the first time.

With 16 swimmers under the 2.50 barrier it shows how the whole standard of the group has moved on which is really promising after a change within the group, so well done to the whole group for a fantastic effort over the last few months and keep it up.

Wigan BEST Swim Squad

Age Group Development

Well done Age group development for some fantastic drops in time over the last 3 months. We have a new set of 3 swimmers under the magic 3 minute mark. So Big Congratulations to Jacob Scott, Holly Watson and April Kelly.

The most improved swimmer award for the group goes out too Joel Pollard for taking a massive 10.7 seconds off his best time.

In all a massive 14 swimmers improved their times from the April time trials which shows how the commitment of the extra sessions and those swimmers who have started the extra morning sessions are starting to improve at a much faster rate! Well done and keep it up.

Junior Development

Well done to our Junior development on their continued improvement. The standards within the whole of Wigan BEST have improved with the swimmers in this group constantly pushing to get into the group above and this is showed with the increased number of swimmers in the squad under the 3.30 barrier so well done to Aimee Crompton-Hesford, Natalie Witkienidz and Abbie Leeder for getting under that time and being promoted to Age Group Development.

A massive congratulations goes out to Francesca Brady for her excellent improvement of 24.7 seconds the largest amongst all the squads, this does not take anything away from the 21.1 seconds Abbie Leeder took off as well as the 18.7 seconds Millie Webber smashed off her time.

Well done Junior Development keep on pushing the standards of the groups and keep putting the great effort in you already have been doing.

Chris Suggitt
Assistant Head Coach