|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **AGP** | | |  | **AGD** | | |  | **JD** | | |
| Emma | Haynes | 02:41.7 |  | Rachel | Hornby | 02:53.2 |  | Tianah | Kinta | 03:24.5\* |
| Ayesha | Brocklehurst | 02:46.2 |  | Faye | Speakman | 02:53.3 |  | Georgiana | Bot | 03:35.2\* |
| Tahira | Collins | 02:48.2 |  | Lucy | Coleman | 02:58.7 |  | Lilly | Cummings | 03:36.5\* |
| Charlotte | Edwards | 02:48.8 |  | Jake | Partington | 03:00.6 |  | Aimee | Crompton | 03:37.0\* |
| Niamh | Speakman | 02:50.0 |  | Daisy | Poole | 03:02.5 |  | Aaron | Meadows | 03:43.9 |
| Matthew | Holliday | 02:50.2 |  | Erin | Leacy | 03:03.4 |  | Megan | Smith | 03:44.3 |
| Rebecca | Booth | 02:50.5 |  | Addison | Beardsworth | 03:03.8 |  | Sam | Cunliffe | 03:46.5 |
| Chelsea | Gore | 02:52.0 |  | Holly | Watson | 03:04.5 |  | Amelia | Picton | 03:47.9 |
| Lucas | Voas | 02:52.2 |  | Madiline | Bailey | 03:04.7 |  | Emily | Doxey | 03:55.2 |
| Faye | Bayman | 02:52.6 |  | Jake | Dawber | 03:05.5 |  | Luke | Meehan | 03:56.5 |
| Liam | Carey | 02:52.8 |  | Emily | Gaskell | 03:07.2 |  | Janae | Quene | 03:57.8 |
| Steven | Newton | 02:54.2 |  | Jacob | Scott | 03:08.2 |  | Beth | Anglesea | 03:58.5 |
| Lucy | Irving | 02:54.7 |  | Kelsey | Moville | 03:11.7 |  | Katie | Schimeer | 04:07.5 |
| Kian | Marjaei | 02:56.4 |  | Matthew | Haynes | 03:12.0 |  | Georgia | Carrott | 04:10.5 |
| Alfredo | Locano | 02:57.7 |  | Nathan | Hilton | 03:12.8 |  | Ella | Wodsworth | 04:11.3 |
| Olivia | Sheenan | 02:59.7 |  | April | Kelly | 03:12.9 |  | Charlie | Collins | 04:12.3 |
|  |  |  |  | Lily | Lamb-Piercy | 03:13.2 |  | Milly | Webber | 04:15.8 |
|  |  |  |  | Rhianna | Archer | 03:16.5 |  | Abbie | Leeder | 04:17.6 |
|  |  |  |  | Chloe | Shaw | 03:20.8 |  | Molly | Grundy | 04:25.0 |
|  |  |  |  | Aimee | Webster | 03:20.9 |  |  |  |  |
|  |  |  |  | Bryony | Archer | 03:25.0 |  |  |  |  |
|  |  |  |  | Adia | Tiernan | 03:28.9 |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |

**January 2016 - 200m Individual Medley Results**

**Report**

**Age Group Performance**

Well done to all swimmers in Age Group Performance some excellent performances throughout the group. Analysing the results I feel it won’t be to long before we see a significant number of the group break 2:50, and moving closer to the 2:40 mark. In all we saw four swimmers go under 2:50 with Emma Haynes leading the way with her excellent 2:41.7, second place went to Ayesha Brocklehurst with 2:46.2, third to Tahira Collins in 2:48.2 with Charlotte Edwards being our fourth swimmer under the 2:50 mark finishing in 2:48.8.

**Age Group Development**

Congratulations must go to Rachel Hornby and Faye Speakman who both reduced their times by a brilliant 10 seconds and battled hard to top the group with Rachel finishing top with a fantastic 2:53.2 closely followed by Faye in 2:53.3. Third place went to Lucy Coleman and fourth place to Jake Partington.

It is pleasing to report that every swimmer who took part in January’s 200m Individual Medley from Age Group Development made significant improvement on their previous time, giving the group a 100% improvement rate. Biggest overall drop in time came from Matthew Haynes reducing his time by 18.6 seconds, in second place we saw Lily Lamb-Piercy with 16.8 seconds with Emily Gaskell in third place taking off 14.9 seconds.

**Junior Development**

Not to be out done our Junior Development swimmers also raised the bar with twelve swimmers breaking the 4:00.0 mark. Top of the group was Kinta Tianah with 3:24.5 Georgiana Bot 3:35.2, in second place, Lily Cummings to third in 3:36.5 and Aimee Crompton-Hesford taking fourth in 3:37.0. These four swimmers have been highlighted from the 200m Individual Medley for promotion to Age Group Development.

I would like to congratulate every swimmer within the squad, some great performances and improvements. As a Borough we have seen some significant development in standards over the previous 3 years and the January 200m Individual Medley highlights this improvement is not just at the highest level within the squad but right across the board from our lesson programme to our community swimming clubs and finally to squad. Each ability group within the squad has raised its ability level and we have more swimmers than ever committed to achieving the highest levels within the sport. Well done to every swimmer and to parents for their fantastic support.

As you are aware from the squads’ ability group policies (available to view on the Wigan BEST website at [www.wiganbest.com](http://www.wiganbest.com)) we identify swimmers for promotion from Junior Development to Age Group Development via the 200m Medley Test.

For all other groups the 200m Medley is used as a performance indicator, and is included in our assessment process with several other methods which include looking at the swimmers Training and Competition Performance. With this in mind further group movements will be announced in due course.

**Les France**

**Head Coach**

**Inspiring Healthy Lifestyles**

**Wigan BEST Swim Squad**