**April 2016 - 200m Individual Medley Results**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **AGP** | | |  | **AGD** | | |  | **JD** | | |
| Steven | Newton | 02:39.8 |  | Daisy | Poole | 02:55.3 |  | Crosby | Lewis | 03:18.3\* |
| Tahira | Collins | 02:41.0 |  | Madiline | Bailey | 02:58.0 |  | Picton | Amelia | 03:28.4\* |
| Ayesha | Brocklehurst | 02:42.1 |  | Emily | Swann | 02:58.5 |  | Sellers | Emma | 03:28.8\* |
| Niamh | Speakman | 02:45.0 |  | Addison | Beardsworth | 02:59.7 |  | Quinn | Joseph | 03:29.9\* |
| Emma | Haynes | 02:46.6 |  | Erin | Leacy | 02:59.7 |  | Meehan | Luke | 03:31.4 |
| Alfredo | Locano | 02:48.4 |  | Jacob | Scott | 03:00.9 |  | Cunliffe | Sam | 03:34.4 |
| Rachel | Hornby | 02:49.6 |  | Conner | Fletcher | 03:01.5 |  | Quene | Janae | 03:34.9 |
| Faye | Bayman | 02:49.7 |  | Jake | Dawber | 03:02.7 |  | Doxey | Emily | 03:36.4 |
| Chelsea | Gore | 02:49.7 |  | Kelsey | Moville | 03:02.9 |  | Griffiths | Harry | 03:37.9 |
| Emma | White | 02:50.8 |  | April | Kelly | 03:03.5 |  | Parkinsons | Libby | 03:50.1 |
| Ellis | Nickson | 02:51.2 |  | Holly | Watson | 03:04.5 |  | Pollard | Joel | 03:52.5 |
| Lucas | Voas | 02:51.9 |  | Emily | Gaskell | 03:05.8 |  | Wodsworth | Ella | 03:56.4 |
| Faye | Speakman | 02:55.0 |  | Matthew | Haynes | 03:06.9 |  | Grundy | Molly | 03:58.5 |
| Jake | Partington | 02:55.6 |  | Tianah | Kinta | 03:13.7 |  | Braidy | Francesca | 03:59.0 |
| Kian | Marjaei | 02:55.8 |  | Isabella | Robb | 03:13.9 |  | Webber | Millye | 04:03.3 |
| Olivia | Sheenan | 02:56.8 |  | Nathan | Hilton | 03:15.4 |  | Pigott | Emma | 04:16.7 |
| Elica | Corteen | 02:57.8 |  | Bot | Georgiana | 03:16.1 |  | Wilde | Daniel | 04:22.2 |
| Lucy | Irving | 02:58.2 |  | Chloe | Shaw | 03:19.5 |  | Hornby | Alex | 04:35.6 |
| Caitlin | Turner | 03:16.4 |  | Grimes | Samuel | 03:19.5 |  | Taylor | Joe | 04:36.3 |
|  |  |  |  | Shay | Begley | 03:21.6 |  | Wilde | Ben | 04:50.6 |
|  |  |  |  | Adia | Tiernan | 03:22.4 |  |  |  |  |
|  |  |  |  | Cummings | Lilly | 03:22.7 |  |  |  |  |

**Report**

**Age Group Performance**

Well done to our Age Group Performance a fantastic effort in this months 200m IM. 16 swimmers have made an improvement on their times from the previous swim which shows that hard work really does work. A big well done to Steven Netwon, Niamh Speakman, Alfredo Lacano, Rachel Hornby and Faye Bayman who all broke the 2:50 for the first time brining to 9 swimmers under 2:50 which is 5 more than January.

Steven Newton should also be congratulated for being the most improved swimmer in the group reducing his time by a massive 14.4 seconds over the two months and will be rewarded for his effort with a swim cap. Special mention to Tahira Collins and Aysha Brocklhurst for breaking the 2:45 mark.

**Age Group Development**

Age Group Development have not held back this month either with 5 swimmers Daisy Poole, Madeline Bailey, Emily Swan, Addison Beardsworth and Erin Leacy all under the magic 3min mark.

Congratulations to Kelly April who became the groups most improved swimmer over the 200m IM reducing her time by 9.4 seconds and will also receive a swim cap for her fantastic effort.

In all 9 swimmers made a drop in their time which is fantastic when you consider the group as a whole had a massive in drop their times from the previous medley swim.

**Junior Development**

Junior Development swimmers have continued to move the standards, with some excellent performances, top of the group was Lewis Crosby breaking the 3:20 mark for the first time, coming home in an excellent 3:18.

Well done to Molly Grundy for her excellent performance reducing her time by a massive 26.5 seconds and to Luke Meehan who took off an equally impressive 25.1 seconds, making them the most improved swimmers in the group. Both swimmers will receive swim caps for their excellent performance.

Congratulations to Lewis Crosby, Amelia Picton, Emma Sellers, Joseph Quinn and Luke Meehan who have all been identified for moving to Age Group Development.

As you are aware from the squads’ ability group policies (available to view on the Wigan BEST website at [www.wiganbest.com](http://www.wiganbest.com)) we identify swimmers for promotion from Junior Development to Age Group Development via the 200m Medley Test.

For all other groups the 200m Medley is used as a performance indicator, and is included in our assessment process with several other methods which includes looking at the swimmers attendance which is crucial if a swimmer is to reach their full potential, also included with the process is the swimmers Training and Competition Performance. With this in mind further group movements will be announced in due course.

**Les France**

**Head Coach**

**Inspiring Healthy Lifestyles**

**Wigan BEST Swim Squad**