

**Lancashire County W.P. & S.A. Age Groups and Championships 2016**

**Competition Conditions and Information**

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LANCASHIRE COUNTY W.P.&S.A. AGE GROUPS & CHAMPIONSHIPS 2016

CONDITIONS

1. The Age Groups and Championships will be held at Manchester Aquatic Centre on

 23rd 24th ,30th and 31st January 2016

 2. Closing Date for entries is Thursday 24th December 2015.

1. Age will be as of midnight 31st December 2016. Junior Championship age is 16 or under as of midnight

31st December 2016.

3. Entry fees shall be £5.00 per event.

4. Coaches requiring access to the poolside must be a member of a club competing in the Age Groups and Championships and be in possession of a pass issued by Lancashire WP&SA by completion of the appropriate form. It is mandatory that all coaches comply with the relevant ASA Child Safeguarding procedures and have an up to date CRB certificate.

5. Consideration Times 25m pool, or long course conversion from a licensed meet since 1st April 2015 are required for all events. Please check the correct age group is entered relative to the swimmers date of birth. No split times will be accepted. No Refunds for mistakes. Checks will be made against the current ASA ranking data base. Any swimmer found to be submitting false times may be subject to rejection in all events.

6. Eligibility for entry. The competitions shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to Lancashire WP & SA. No individual may compete in the Age Groups and Championships if he or she has competed in another equivalent county championships’ in the same calendar year. A swimmer must have been a member of the club in whose name they are entered, and registered as such with the ASA at the closing date for entries.

 7. Disability Conditions

 7.1 The general conditions for the Age Groups and Championships shall apply to disability competitors except where varied by any of the following conditions.

7.2 Swimmers with the indicated classifications will be accepted for the following events:

• Freestyle 50m, 100m, (S1 to S14); 200m (S1 to S5 and S14); 400m (S6 to S14)

• Backstroke 50m (S1 to S5), 100m (S6 to S14)

• Butterfly 50m (S1 to S7), 100m (S8 to S14)

• Breaststroke 50m (SB1 to SB3), 100m (SB4 to SB9 and SB11 to SB14)

• Individual Medley 200m (SM5 to SM14)

 7.3 All competitors must:

• Have an authorised British Swimming, IPC or INAS-FID Classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry OR a valid Certificate of Disability issued by the ASA at the time of entry.

• The Certificate of Disability must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.

7.4 Qualifying times for disability competitors are in a separate document and must have been achieved between the 1st January 2015 and 24th December 2015.

7.5 Personal Care Attendants/Coaches will be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. All coaches, chaperones and personal care attendants must conform with the ASA child protection procedures.

 7.6 Competition format:

• The competition format will be based on disability inclusion within the able bodied programme.

• All swimmers will be seeded in the heats according to their entry times.

• Disability competitors will be included within the results for their age group.

• There will be no separate disability results.

8. Awards: Medals awarded to first three in Championships and Age Groups.

9. Details on the entry forms should be as per the swimmers ASA Category 2 Membership Registration. Please check that your swimmers are Category 2 registered, their ASA ID number, times and other details are correct before submitting. For processing of entries all details must be fully completed. Entries sent without fee, with entries incorrectly made out or declaration not signed may not be accepted. No refunds for entries incorrectly submitted.Entries to be submitted electronically using Sportsystem software by an authorised club official. Cheques should be payable to Lancashire WP&SA.

 10. Overhead starts will be used. All 50m and 100m events will consist of heats and finals for all age groups. The heats will be spearheaded with the last three heats being cyclically seeded All other events shall be spearheaded and awards are on a Heat Declared Winner basis.

11.1 **Heats** Withdrawals must be made at least one hour before the start of the session either on an official withdrawal form ( available in the coaches room ) or by telephoning 07508 427444 at times to be advised. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided. Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.

Fines – A fine of £10 may be levied in respect of each competitor that fails to withdraw and does not swim (except in the case of genuine illness or of a proven emergency). Each “no show” may be subject to a separate fine of £10. Fines will be levied on the competitors’ club and the individual(s) concerned shall not be eligible to swim in any future Lancashire WP&SA event until the fine has been paid.

11.2 **Finals** The maximum number of places practicable ( up to 8 ) shall be allocated. Two reserves will be declared for finals where possible. Lanes for the finals will be allocated on the spearhead principle. The names of finalists and two reserves shall be announced as soon as practicable after the completion of each event. **Competitors who do not intend to** **swim in a final must withdraw by completing the relevant form**

 **( available in the coaches** **room ) no later than 15 minutes after the announcement of finalists for an event**

**ALL FINALISTS AND RESERVES MUST REPORT TO THE CLERKS OF THE COURSE FOR THE FINAL UNLESS THEY HAVE WITHDRAWN**

Any withdrawals that are later than 15 minutes after the announcement of the finalists may incur a £10 fine

( except in the case of genuine illness or injury )

Any finalist or reserve who fails to withdraw and then does not report to the clerks of the course

( except in the case of genuine illness or proven emergency ) may be subject to a £10 fine.

Each no show may be subject to a separate £10 fine. Fines will be levied on the competitors’ club and the individual(s) concerned shall not be eligible to swim in any future Lancashire WP&SA event until the fine has been paid.

12.**Withdrawals on Medical Grounds** Any swimmer who withdraws from a heat or final on medical grounds will not be allowed to compete again on the same day. However they may compete on subsequent days, if any, of the championships. If they do not comply with this request they will be disqualified from any further events in which they compete on that day and may be subject to a £10 fine for each event.

13. Competitors are responsible for presenting themselves to the clerks of the course one event prior to the one in which they are competing. It is the swimmers’ responsibility to be at the start in time for the race.

14. Restriction of entries. The promoter reserves the right to restrict entries in the interest of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the promoter. A refund will be given to competitors whose entry is denied where this condition has been exercised.

15. Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Hon. Championship Secretary and may be referred to the Lancashire WP&SA Executive Committee at a later date.

 **Lancashire County Water Polo and Swimming Association Age Groups and Championships 2016**

**Programme of Events**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 1** | **Manchester** | **23 January 2016** | **Warm up TBC** | **Session 3** | **Manchester** | **24 January 2016** | **Warm up TBC** |
| Event 101 | Male | 100m Backstroke HEATS | Age 10/11 – 16/Ov | Event 301 | Female | 100m Backstroke HEATS | Age 10/11 – 16/Ov |
| 102 | Female | 200m Breaststroke HDW | Age 10/11 – 16/Ov | 302 | Male | 200m Breaststroke HDW | Age 10/11 – 16/Ov |
| 103 | Male | 400m Ind. Medley HDW | Age 12 – 16/Ov | 303 | Female | 400m Ind. Medley HDW | Age 12 – 16/Ov |
| 104 | Female | 800m Freestyle HDW | Age 12 – 16/Ov | 304 | Male | 1500m Freestyle HDW | Age 12 – 16/Ov |
| 105 - 110 | Male | 100m Backstroke FINALS | Age 10/11 – 16/Ov | 305 - 311 | Female | 100m Backstroke FINALS | Age 10/11 – 16/Ov |
|  |
| **Session 2** | **Manchester** | **23 January 2016** | **Warm Up TBC** | **Session 4** | **Manchester** | **24 January 2016** | **Warm Up TBC** |
| Event 201 | Female | 200m Ind. Medley HDW | Age 10/11 – 16/Ov | Event 401 | Male | 200m Ind. Medley HDW | Age 10/11 – 16/Ov |
| 202 | Male | 200m Butterfly HDW | Age 10/11 – 16/Ov | 402 | Female | 200m Butterfly HDW | Age 10/11 – 16/Ov |
| 203 | Female | 200m Backstroke HDW | Age 10/11 – 16/Ov | 403 | Male | 200m Backstroke HDW | Age 10/11 – 16/Ov |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 5** | **Manchester** | **30 January 2016** | **Warm Up TBC** | **Session 7** | **Manchester** | **31 January 2016** | **Warm Up TBC** |
| 501 | Female | 100m Freestyle HEATS | Age 10/11 – 16/Ov | 701 | Male | 100m Freestyle HEATS | Age 10/11 – 16/Ov |
| 502 | Male | 50m Backstroke HEATS | Age 10/11 – 16/Ov | 702 | Female | 50m Backstroke HEATS | Age 10/11 – 16/Ov |
| 503 | Female | 50m Breaststroke HEATS | Age 10/11 – 16/Ov | 703 | Male | 50m Breaststroke HEATS | Age 10/11 – 16/Ov |
| 504 | Male | 100m Breaststroke HEATS | Age 10/11 – 16/Ov | 704 | Female | 100m Breaststroke HEATS | Age 10/11 – 16/Ov |
| 505 | Female | 400m Freestyle HDW | Age 10/11 – 16/Ov | 705 | Male | 400m Freestyle HDW | Age 10/11 – 16/Ov |
| 506-511 | Male | 50m Backstroke FINALS | Age 10/11 – 16/Ov | 706-711 | Female | 50m Backstroke FINALS | Age 10/11 – 16/Ov |
| 512-517 | Female | 50m Breaststroke FINALS | Age 10/11 – 16/Ov | 712-717 | Male | 50m Breaststroke FINALS | Age 10/11 – 16/Ov |
| 518-523 | Male | 100m Breaststroke FINALS | Age 10/11 – 16/Ov | 718-723 | Female | 100m Breaststroke FINALS | Age 10/11 – 16/Ov |
| 524-529 | Female | 100m Freestyle FINALS | Age 10/11 – 16/Ov | 724-729 | Male | 100m Freestyle FINALS | Age 10/11 – 16/Ov |
|  |
| **Session 6** |  | **30 January 2016** | **Warm Up TBC** | **Session 8** | **Manchester** | **31 January 2016** | **Warm Up TBC** |
| 601 | Female | 50m Freestyle HEATS | Age 10/11 – 16/Ov | 801 | Male | 50m Freestyle HEATS | Age 10/11 – 16/Ov |
| 602 | Male | 50m Butterfly HEATS | Age 10/11 – 16/Ov | 802 | Female | 50m Butterfly HEATS | Age 10/11 – 16/Ov |
| 603 | Female | 100m Butterfly HEATS | Age 10/11 – 16/Ov | 803 | Male | 100m Butterfly HEATS | Age 10/11 – 16/Ov |
| 604 | Male | 200m Freestyle HDW | Age 10/11 – 16/Ov | 804 | Female | 200m Freestyle HDW | Age 10/11 – 16/Ov |
| 605-610 | Female | 50m Freestyle FINALS | Age 10/11 – 16/Ov | 805-810 | Male | 50m Freestyle FINALS | Age 10/11 – 16/Ov |
| 611-616 | Male | 50m Butterfly FINALS | Age 10/11 – 16/Ov | 811-816 | Female | 50m Butterfly FINALS | Age 10/11 – 16/Ov |
| 617-622 | Female | 100m Butterfly FINALS | Age 10/11 – 16/Ov | 817-822 | Male | 100m Butterfly FINALS | Age 10/11 – 16/Ov |

**LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION**

**2016 CONSIDERATION TIMES**



**Consideration Times - Short Course - BOYS**

|  |
| --- |
| **Age as at 31 December 2016** |
|  | **10/11** | **12** | **13** | **14** | **15** | **16** | **17/Ov.** |
| **EVENT** |  |  |  |  |  |  |  |
| 50m Freestyle | 37.0 | 33.9 | 31.6 | 30.0 | 29.0 | 29.0 | 29.0 |
| 100m Freestyle | 1:16.4 | 1:11.5 | 1:07.3 | 1:04.6 | 1:02.0 | 1:02.0 | 1:02.0 |
| 200m Freestyle | 2:47.3 | 2:36.5 | 2:27.7 | 2:20.9 | 2:14.1 | 2:14.1 | 2:14.1 |
| 400m Freestyle | 5:53.6 | 5:30.8 | 5:12.6 | 4:59.1 | 4:48.5 | 4:48.5 | 4:48.5 |
| 1500m Freestyle | No Event | 21:07.3 | 19:39.0 | 18:58.2 | 18:20.4 | 18:20.4 | 18:20.4 |
| 50m Breaststroke | 46.5 | 42.4 | 39.0 | 37.0 | 35.5 | 35.5 | 35.5 |
| 100m Breaststroke | 1:40.9 | 1:34.4 | 1:27.9 | 1:22.9 | 1:19.3 | 1:19.3 | 1:19.3 |
| 200m Breaststroke | 3:36.0 | 3:22.1 | 3:08.3 | 3:00.3 | 2:52.7 | 2:52.7 | 2:52.7 |
| 50m Butterfly | 39.0 | 36.8 | 33.0 | 32.0 | 30.5 | 30.5 | 30.5 |
| 100m Butterfly | 1:24.4 | 1:19.0 | 1:15.6 | 1:12.0 | 1:07.0 | 1:07.0 | 1:07.0 |
| 200m Butterfly | 3:12.7 | 3:00.3 | 2:48.0 | 2:41.0 | 2:31.7 | 2:31.7 | 2:31.7 |
| 50m Backstroke | 40.5 | 36.9 | 34.2 | 32.4 | 31.4 | 31.4 | 31.4 |
| 100m Backstroke | 1:27.2 | 1:21.5 | 1:17.7 | 1:12.6 | 1:09.9 | 1:09.9 | 1:09.9 |
| 200m Backstroke | 3:06.9 | 2:54.8 | 2:46.6 | 2:38.2 | 2:31.7 | 2:31.7 | 2:31.7 |
| 200m Ind. Med | 3:08.7 | 2:56.3 | 2:48.7 | 2:40.9 | 2:34.3 | 2:34.3 | 2:34.3 |
| 400m Ind. Med | No Event | 6:12.0 | 5:56.8 | 5:42.7 | 5:31.1 | 5:31.1 | 5:31.1 |

|  |
| --- |
| **Consideration Times - Short Course – GIRLS****Age as at 31 December 2016** |
|  | **10/11** | **12** | **13** | **14** | **15** | **16** | **17/Ov** |
| **EVENT** |  |  |  |  |  |  |  |
| 50m Freestyle | 37.0 | 33.2 | 31.8 | 31.0 | 30.9 | 30.9 | 30.9 |
| 100m Freestyle | 1:16.9 | 1:12.9 | 1:09.4 | 1:08.0 | 1:06.7 | 1:06.7 | 1:06.7 |
| 200m Freestyle | 2:45.0 | 2:36.6 | 2:30.2 | 2:28.3 | 2:24.4 | 2:24.4 | 2:24.4 |
| 400m Freestyle | 5:50.5 | 5:30.0 | 5:16.9 | 5:12.3 | 5:06.8 | 5:06.8 | 5:06.8 |
| 800m Freestyle | No Event | 10:51.5 | 10:28.4 | 10:14.8 | 10.05.8 | 10.05.8 | 10.05.8 |
| 50m Breaststroke | 46.5 | 42.4 | 40.3 | 39.1 | 38.4 | 38.4 | 38.4 |
| 100m Breaststroke | 1:38.4 | 1:32.9 | 1:29.2 | 1:27.9 | 1:26.7 | 1:26.7 | 1:26.7 |
| 200m Breaststroke | 3:35.5 | 3:21.6 | 3:11.3 | 3:10.5 | 3:09.9 | 3:09.9 | 3:09.9 |
| 50m Butterfly | 39.0 | 36.4 | 34.8 | 33.7 | 33.2 | 33.2 | 33.2 |
| 100m Butterfly | 1:26.4 | 1:21.3 | 1:17.8 | 1:16.1 | 1:14.5 | 1:14.5 | 1:14.5 |
| 200m Butterfly | 3:12.9 | 3:00.5 | 2:52.1 | 2:49.7 | 2:45.1 | 2:45.1 | 2:45.1 |
| 50m Backstroke | 40.5 | 37.8 | 36.2 | 35.2 | 34.7 | 34.7 | 34.7 |
| 100m Backstroke | 1:27.2 | 1:23.4 | 1:19.6 | 1:17.4 | 1:15.4 | 1:15.4 | 1:15.4 |
| 200m Backstroke | 3:10.0 | 2:57.7 | 2:49.7 | 2:46.2 | 2:42.4 | 2:42.4 | 2:42.4 |
| 200m Ind. Med | 3:09.1 | 2:59.7 | 2:51.6 | 2:50.3 | 2:46.9 | 2:46.9 | 2:46.9 |
| 400m Ind. Med | No Event | 6:20.8 | 6:00.0 | 5:56.0 | 5:53.1 | 5:53.1 | 5:53.1 |

**All times must have been achieved between**

**1 April 2015 and 24th December 2015 from a licensed meet (Levels 1,2,3 or 4 ) No split times accepted**

**LANCASHIRE COUNTY WPSA Disability Qualifying Times 2016**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Freestyle** | **Back** | **Fly** |  | **Breast** |  | **IM** |
| **50m** | **100m** | **200m** | **400m** | **50m** | **100m** | **50m** | **100m** |  | **50m** | **100m** |  | **100m** | **200m** |
| **S1** | **Boys** | 02:18.9 | 04:37.3 | 09:49.5 |  | 02:19.4 |  | 00.00 |  | **SB1** | 02:41.1 |  |  |  |  |
| **Girls** | 3.46.7 | 07:52.1 | 11:15.6 |  | 04:14.3 |  | 2.47.4 |  | 03:51.6 |  |  |  |
| **S2** | **Boys** | 01:46.2 | 03:50.9 | 08:19.1 |  | 01:46.9 |  | 02:18.9 |  | **SB2** | 01:39.4 |  |  |  |  |
| **Girls** | 2.07.3 | 04:24.3 | 10:12.7 |  | 01:50.7 |  | 00.00 |  | 02:24.8 |  |  |  |
| **S3** | **Boys** | 01:16.2 | 02:48.2 | 06:10.2 |  | 01:19.0 |  | 01:47.8. |  | **SB3** | 01:25.3 |  |  |  |  |
| **Girls** | 1.21.5 | 02:59.2 | 08:02.4 |  | 01:54.3 |  | 01:57.3 |  | 02:01.8 |  |  |  |
| **S4** | **Boys** | 01:06.4 | 02:24.4 | 05:08.7 |  | 01:17.9 |  | 01:21.0 |  | **SB4** |  | 02:45.2 |  |  |  |
| **Girls** | 1.16.9 | 02:46.6 | 05:46.2 |  | 01:31.4 |  | 02:52.1 |  |  | 03:17.4 |  |  |
| **S5** | **Boys** | 00:56.1 | 02:08.1 | 04:37.3 |  | 01:06.0 |  | 01:03.2 |  | **SB5** |  | 02:42.6 | **SM5** |  | 05:51.8 |
| **Girls** | 01:02.0 | 02:18.8 | 04:55.2 |  | 01:23.3 |  | 01:14.8 |  |  | 03:05.7 |  | 05:54.5 |
| **S6** | **Boys** | 00:51.1 | 01:55.6 |  | 08:49.7 |  | 02:09.1 | 00:53.4 |  | **SB6** |  | 02:25.0 | **SM6** |  | 04:39.4 |
| **Girls** | 01:00.7 | 02:09.4 |  | 09:27.3 |  | 02:26.5 | 01:04.4 |  |  | 02:50.8 |  | 05:30.2 |
| **S7** | **Boys** | 00:48.2 | 01:44.5 |  | 08:00.3 |  | 02:02.0 | 00:52.2 |  | **SB7** |  | 02:19.4 | **SM7** |  | 04:27.2 |
| **Girls** | 00:56.6 | 02:03.3 |  | 09:02.1 |  | 02:25.0 | 01:01.2 |  |  | 02:40.2 |  | 05:11.1 |
| **S8** | **Boys** | 00:44.7 | 01:38.2 |  | 07:39.8 |  | 01:50.6 |  | 01:44.0 | **SB8** |  | 02:00.7 | **SM8** |  | 04:09.2 |
| **Girls** | 00:53.0 | 01:54.8 |  | 08:37.7 |  | 02:15.7 |  | 01:59.3 |  | 02:20.1 |  | 04:35.0 |
| **S9** | **Boys** | 00:43.8 | 01:36.0 |  | 07:15.7 |  | 01:48.3 |  | 01:41.8 | **SB9** |  | 01:54.5 | **SM9** |  | 03:54.8 |
| **Girls** | 00:49.7 | 01:48.1 |  | 08:00.8 |  | 02:00.6 |  | 01:59.1 |  | 02:14.1 |  | 04:25.5 |
| **S10** | **Boys** | 00:40.6 | 01:29.7 |  | 07:01.9 |  | 01:43.2 |  | 01:38.1 |  |  |  | **SM10** |  | 03:48.5 |
| **Girls** | 00:48.2 | 01:44.4 |  | 07:51.2 |  | 01:57.3 |  | 01:57.1 |  |  |  | 04:18.5 |
| **S11** | **Boys** | 00:44.7 | 01:41.3 |  | 07:58.9 |  | 01:55.9 |  | 01:48.1 | **SB11** |  | 02:05.8 | **SM11** |  | 04:08.9 |
| **Girls** | 00:53.3 | 01:58.3 |  | 08:57.7 |  | 02:15.3 |  | 02:26.0 |  | 02:32.9 |  | 05:03.8 |
| **S12** | **Boys** | 00:41.4 | 01:30.2 |  | 07:13.1 |  | 01:44.6 |  | 01:40.7 | **SB12** |  | 01:55.2 | **SM12** |  | 03:48.1 |
| **Girls** | 00:46.8 | 01:42.0 |  | 07:55.5 |  | 01:58.0 |  | 01:56.5 |  | 02:15.5 |  | 04:12.8 |
| **S13** | **Boys** | 00:40.9 | 01:28.9 |  | 06:57.9 |  | 01:41.1 |  | 01:35.8 | **SB13** |  | 01:54.0 | **SM13** |  | 03:41.2 |
| **Girls** | 00:47.4 | 01:43.8 |  | 08:27.6 |  | 02:08.4 |  | 01:54.9 |  | 02:18.5 |  | 04:15.6 |
| **S14** | **Boys** | 00:43.0 | 01:34.3 | 03:23.6 | 07:19.5 |  | 01:47.4 |  | 01:44.8 | **SB14** |  | 01:55.7 | **SM14** |  | 03:55.3 |
| **Girls** | 00:48.5 | 01:44.7 | 03.44.2 | 08:10.4 |  | 01:56.9 |  | 02:01.6 |  | 02:16.2 |  | 04:19.3 |

**All times must have been achieved between 1 April 2015 and 24 DEcember 2015 from a licensed meet ( Levels 1,2,3 or 4) No split times accepted.**



**LANCASHIRE COUNTY W.P. & S.A.**

**IDIVIDUAL ENTRY FORM**

|  |  |
| --- | --- |
| **FORENAME:** | **SURNAME:** |
| **ADDRESS:** |
|  | **POSTCODE:** |
| **PHONE:** |
| **EMAIL:** |
| **MALE/FEMALE****(delete as appropriate)** | **D.O.B.** |
| **A.S.A. REG NUMBER** | **AGE AT 31 DECEMBER 2016** |
| **CLUB:** |

|  |  |  |
| --- | --- | --- |
| **DISTANCE** | **STROKE** | **25M POOL TIMES** |
| 50M | FREESTYLE |  |
| 100M | FREESTYLE  |  |
| 200M | FREESTYLE |  |
| 400M | FREESTYLE |  |
| 800M/1500M | FREESTYLE |  |
| 50M | BACKSTROKE |  |
| 100M | BACKSTROKE |  |
| 200M | BACKSTROKE |  |
| 50M | BREASTSTROKE |  |
| 100M | BREASTSTROKE |  |
| 200M | BREASTSTROKE |  |
| 50M | BUTTERFLY |  |
| 100M | BUTTERFLY |  |
| 200M | BUTTERFLY |  |
| 200M | INDIVIDUAL MEDLEY |  |
| 400M | INDIVIDUAL MEDLEY |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Number of Entries:** |  | **@ £5.00** | **Total £** |

|  |
| --- |
| **Club Closing Date: 7th December 2016** |
| **MEET CLOSING DATE: 24 December 2015** |

** LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION**

**2016 SUMMARY ENTRY FORM**

|  |
| --- |
| **CLUB:** |

|  |  |
| --- | --- |
| Number of Boys Entries: | @ £5.00 per event = £ |
| Number of Girls Entries: | @ £5.00 per event = £ |
| Number of Coaches Passes(Includes programme, heat start sheets ) | @ £15.00 per pass = £ |
|  | TOTAL £ |

**Club Contact Details (please write clearly)**

|  |
| --- |
| **Name:** |
| **Address:** |
|  | **Post Code:** |
| **Telephone Number:** |
| **Email:** |

The summary entry form and cheques (**made payable to Lancashire county WPSA**) should be sent to:

Garry Whittle Age Group Secretary

51 Heron Way

Blackpool

FY3 8FA

Tel: 01253 393967

E Mail gmwhittle51@gmail.com

**Closing Date: 24 December 2015**

**LANCASHIRE COUNTY W.P. & S.A.**

 **WITHDRAWAL FORM :- HEATS**

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Competitors wishing to withdraw from a heat may use this form. When completed it should be submitted to the Recorders in the Timing Suite. Any competitor who does not swim AND who fails to withdraw may be fined.

***If the withdrawal is on medical grounds then the swimmer MUST withdraw from all other events on the same day. If they do not withdraw from later events then they may be fined £10 for each event in which they compete.***

|  |  |  |  |
| --- | --- | --- | --- |
| **Event Number** | **Event title** | **Competitor Number** | **Swimmer Name** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
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Coach Name (Print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Received By: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Time of Receipt: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**LANCASHIRE COUNTY W.P. & S.A.**

**WITHDRAWAL FORM:-FINAL**

**FINALISTS and RESERVE FINALISTS** wishing to withdraw from a final must submit this form to the Recorders in the Timing Suite no later than 15 minutes after the announcement of the finalists for an event.

**ALL FINALISTS AND RESERVES MUST REPORT TO THE CLERKS OF THE COURSE FOR THE FINAL UNLESS THEY HAVE WITHDRAWN**

Competitors who fail to appear for finals may be fined and may be subject to disciplinary action.

Swimmers Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Event No. of Final | Age | Distance | Stroke |
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Name (Print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Time of Delivery of the withdrawal form: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Received By: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Time of Receipt: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Finals Withdrawal Form -RECEIPT**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_\_

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Event No. of Final : \_\_\_\_\_\_ Distance: \_\_\_\_\_\_\_\_\_\_ Stroke: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Form received by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Time of Delivery of the withdrawal form: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_